

**'Nothing changes if nothing changes' idioms and phrases**

To change	for the better
To change	for the worse
The price	you have to pay
To turn over	a new leaf
Nothing ventured	nothing gained
To be	at a crossroads
A breath	of fresh air
To come to	a bad end
To face	the music
Back	to square one
To make	a clean break
To open	new doors
To pave	the way for something
To shake	things up
To start with	a clean slate
To change	with the times