

Who are you?

Look at the adjectives on the left and provide an antonym for each. When you have finished match the antonyms at the bottom of the page with the adjectives in the first column. Next consider each pair of adjectives and choose the number (1 to 5) closest to the adjective you feel applies most to you. Number 5 applies to the adjective in the first column and 1 to its antonym in the third column.

Adjectives	Choose the number closest to the adjective that most applies to you.	Antonyms
Affectionate	5 4 3 2 1	
Anxious	5 4 3 2 1	
Bad-tempered	5 4 3 2 1	
Big-headed	5 4 3 2 1	
Chatty	5 4 3 2 1	
Courageous	5 4 3 2 1	
Dependable	5 4 3 2 1	
Hard-working	5 4 3 2 1	
Impulsive	5 4 3 2 1	
Selfish	5 4 3 2 1	
Shy	5 4 3 2 1	
Tidy	5 4 3 2 1	
Vindictive	5 4 3 2 1	

Antonyms: carefree, cautious, cold, confident, cowardly, forgiving, good-humoured, irresponsible, lazy, messy, modest, quiet, selfless