

A good old chin wag

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| My favourite pastime is... Name: |
| The highlight of my week is... Name: |
| One of my guilty pleasures is... Name: |
| Something that I can't stop buying is... Name: |
| I get an incredible high from... Name: |
| Something I enjoy the benefit of is... Name: |
| Something I enjoy doing is... Name: |
| What gives me incredible pleasure is... Name: |
| I get great pleasure from... Name: |
| I feel my ability to focus is greater when... Name: |
| I love... Name: |
| I am happiest when... Name: |
| I look forward to... Name: |
| I am proud of... Name: |

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| I love the feeling of... Name: |
| I have fun when... Name: |
| I feel euphoric when... Name: |
| I feel a sense of calm when... Name: |
| I am entirely focused when... Name: |
| Nothing else enters my mind when... Name: |
| I can be single minded when... Name: |
| I couldn't live without... Name: |
| I feel satisfied when... Name: |
| I feel free when... Name: |