

Half full or half empty?

	1	2	3	4	5	6
1		Do you think happiness lies within you or depends on other people?	Can money buy happiness?	What makes you feel happy?	How do you show your happiness?	
2	What are the three most important things for you to be happy?		What was the happiest time of your childhood?	What affects your levels of happiness?		How do you define happiness?
3	Who brings you the most amount of joy?	What is something small that always makes you smile?			What activity do you feel happiest doing?	Is happiness luck or practiced mindset?
4	What can you do tomorrow morning to start your day off right?	What are you thankful for?			Which animals best represent happiness to you?	What music do you listen to when you are happy?
5	Would you rather be happy or wealthy?		What do you think is the colour of happiness?	Are you a happy person?		How can you become happy again when you are sad?
6		Who is the happiest person you know?	Do you think some nations are happier than others?	Is happiness contagious?	Do we have control over our happiness?	