

**“It is only with the heart that one can see rightly.”  
Little Prince**

1. Read the curious facts about your heart below and tell your classmates which ones surprised you the most and which ones you were already familiar with:

- ♥ Your heart will beat about 115,000 times each day.
- ♥ A woman's heart beats slightly faster than a man's heart.
- ♥ Most heart attacks happen on a Monday.
- ♥ Heart cancer is very rare, because heart cells don't divide.
- ♥ Every day, your heart creates enough energy to drive a truck for 20 miles.

2. Complete the idioms on the left with the missing word (You should know what it is by now. I have given you plenty of clues) and then match them to their definitions on the right.

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| ♥ To follow your _____                 | ♥ To act according to your emotions and desires |
| ♥ To have a _____ of gold              | ♥ To be generous and kind                       |
| ♥ To break someone's _____             | ♥ To cause someone emotional distress           |
| ♥ To lose _____                        | ♥ To change your mind                           |
| ♥ To have a change of _____            | ♥ To give up                                    |
| ♥ To have a _____ of stone             | ♥ To have an honest conversation                |
| ♥ To pour one's _____ out              | ♥ To have no feelings, no sympathy              |
| ♥ To wear your _____ on your sleeve    | ♥ To make your feelings known and obvious       |
| ♥ To learn something by _____          | ♥ To memorise                                   |
| ♥ To have one's _____ set on something | ♥ To be hurt by something e.g. a comment        |
| ♥ To have a _____-to- _____            | ♥ To tell your personal feelings to someone     |
| ♥ To take something to _____           | ♥ To want something badly                       |

3. Now divide the heart expressions into two groups: ones you associate with positive experiences and feelings and ones you would rather not experience or have a negative association with.

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4. Correct the mistakes in the idioms below (highlighted in red) and answer the questions below in small groups or with one of your classmates.

1. Do you often decide something only to have a **shift** of heart later in the day?
2. Do you think that having a heart of **wood** protects you from being hurt?
3. Have you ever had your heart **bet** on something and failed to achieve it?
4. How do you not **abandon** heart if you don't seem to be making progress?
5. If you are attracted to someone should you always wear your heart on your **top**?
6. Is **chasing** your heart always the best way to make your dreams come true?
7. Name one or two people in your life who have a heart of **silver**.
8. Name someone close to you who always seems to be taking things **by** heart.
9. What is the best way to heal after someone has **chipped** your heart?
10. When is **making** a heart to heart with people hard?
11. When is **studying** by heart beneficial?
12. When was the last time you **threw** your heart out to a friend?